



**TY GIBSON**  
co-director

## HOW TO BE FREE FROM GUILT

**THE BIBLE KNOWS** what's going on inside of you. It understands the complexity of the human being and penetrates into the deep mental, emotional and moral issues we all deal with. Notice, for example, this insightful passage from King David:

“My soul melts from heaviness; strengthen me according to Your word. Remove from me the way of lying, and grant me Your law graciously. I have chosen the way of truth; Your judgments I have laid before me. I cling to Your testimonies; O Lord, do not put me to shame! I will run the course of Your commandments, for You shall enlarge my heart” (Psalm 119:28-32).

“My soul melts from heaviness?” You’ve been there, haven’t you? Maybe you’re there now. We carry internal weights. They’re not made of material stuff, but rather of heavy thoughts and feelings. That thing you said in a moment of anger that drove an invisible wedge between you and her. That deed you did

when nobody was looking but now you feel dirty inside. Later in the passage David more specifically pinpoints the thing that’s killing him inside: its “shame,” which is the heaviest weight the human soul can bear. So heavy, in fact, that it makes him feel like his soul is *melting*. The heaviness is debilitating. It causes mental breakage, emotional crippling, even physical

### WE TELL OURSELVES THINGS ABOUT OURSELVES AND ABOUT OTHERS THAT ACCOMMODATE OUR INCLINATION TO EVADE OUR GUILT.

deterioration. Overall health and wellbeing are adversely affected when we carry guilt inside. The human being was psychologically designed for innocence, so as long as there is unresolved guilt within us our quality of life is compromised on all levels.

In the midst of his meltdown, David looks to the “word” of God for strength. He believes that the crushing power of his shame can be lifted by words from God. Why words? Actually, words are the most

powerful currency in circulation. Words are powerful because they generate new trains of thought and shape new ways of feeling. God’s word, if allowed access to our hearts, will override the negative self-incriminating “tapes” that play over and over in our minds.

But David also senses that he is danger of slipping into what he calls “the lying way.” The fact is, we lie. All of us do. We tell ourselves things about ourselves

and about others that accommodate our inclination to evade our guilt. The most common manifestation of “the lying way” is to deal with shame by judging others. If you are diminished in my estimation, I look better to myself than I really am. David sees in himself the dark tendency toward self-deception and he deliberately asks God to remove it from him. So should you and I.

Finally, David understands that living life in harmony with God’s commandments is liberating and

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FRED BISCHOFF  
adventist pioneer library

# NOTHING TO FEAR FOR THE FUTURE

## HISTORICAL TIDBIT

Did you know that Light Bearers in its early years had a collection of pioneer writings that were reproduced and shared? Any idea what it was called? –“*Pioneer Library*.”

Somehow, around the same decade of the last century, another venture began, called “*Adventist Pioneer Library*.” Coincidence? Hardly, because both groups were reading the same marching guidelines, like:

“Repeat the words of the pioneers in our work, who knew what it cost to search for the truth as for hidden treasure, and who labored to lay the foundation of our work” (*Review & Herald*, 5/25/05, par. 21).

Perhaps you were introduced to the Adventist Pioneer Library (APL) at last year’s Light Bearers Convocation when we announced the newest ministry to join the

team. Or maybe you read about the merger in the October *Mission Update* cover article. Or maybe you still need to get “up-to-speed” with what has been happening.

## WHO WERE THE “PIONEERS IN THE ADVENT MESSAGE”?

Have you ever had the desire to learn more about your ancestors? The stories can be intensely interesting, gripping in their emotional appeal, and downright embarrassing in their humanness. Our church family is no different. And the “first generation” individuals provide some of the most fascinating accounts.

Would you like to know more? You can check out our website where you will find—

- Timelines of pioneers lives and *Lest We Forget* periodical issues giving more detail ([www.aplib.org/?page\\_id=359](http://www.aplib.org/?page_id=359))
- Video lectures about them with summaries of their lives ([www.aplib.org/?page\\_id=618](http://www.aplib.org/?page_id=618))

## WHAT DID THEY LEAVE US?

Just like Jesus’ disciples, the most important thing the Seventh-day Adventist [SDA] pioneers left us is their writings, which contain the vision that God had given them about our mission. You will find various resources of their writings:

## TAKE HEED

Take heed to thyself . . . lest thou forget the things which thine eyes have seen . . . but teach them thy sons, and thy sons’ sons.

Deuteronomy 4:9

## NOT DEAD FACTS

The past experiences of God’s people are not to be counted as dead facts. We are not to treat the record of these experiences as we would treat a last year’s almanac. The record is to be kept in mind, for history will repeat itself.

Ellen White  
*Publishing Ministry*, p.175;  
Letter 238, 1903 November 1

## LET THE DEAD SPEAK

Make prominent the testimony of some of the old workers who are now dead. Let them continue to speak through their articles. . . .

Ellen White  
*Counsels to Writers and Editors*,  
p. 26; Letter 99, 1905 April 6

- Books and a CD-ROM collection ([www.aplib.org/?page\\_id=548](http://www.aplib.org/?page_id=548))
- An online virtual library of their titles as part of the E.G. White collection ([www.EGWWritings.org](http://www.EGWWritings.org))

Since October we have begun a new series of reprints of books through Amazon's CreateSpace service, which is a Print-on-Demand publisher. If you order one book, they will print it and send it to you. Six titles are already available, including two in Portuguese:

- *The Complete Testimony of the Fathers of the First Three Centuries Concerning the Sabbath and First Day*, J.N. Andrews
- *History of the Sabbath and First Day of the Week*, J.N. Andrews
- *The Autobiography of Elder Joseph Bates*, Joseph Bates
- *The National Sunday Law*, A.T. Jones
- *The Great Second Advent Movement*, J.N. Loughborough (Portuguese Edition, co-published with Centro White Press, UNASP, Brazil)
- *Armada Sermons* "Manifest Demonstration of the Spirit," W. W. Prescott (Portuguese Edition, co-published with Centro White Press, UNASP, Brazil)

## PIONEER MATERIAL IN THE PUBLIC DOMAIN

Are you aware that all of the first-generation pioneer material is in

the public domain? When we first computerized it, we realized that others would find it valuable, and also republish it in various forms. And that has happened. You will come across the material from the pioneers in many helpful settings. Our digitized material may be freely used; we simply ask others to acknowledge where the digital source is online.

Here is a recent example of how this can be done, a book produced by others, also through CreateSpace, which you can find on Amazon's website:

- *Living by Faith*, E.J. Waggoner and A.T. Jones

## WHAT WE ARE WORKING ON



adventist  
pioneer  
library

APL has a new logo that can be seen on our material. As we have for about 20 years, we will continue to have exhibits at church conventions, including the upcoming General Conference Session in San Antonio in 2015.

We will continue developing the web resources, linking further the APL material with Light Bearers' website. And we will continue to develop more content of "Adventist Pioneer Library" at [www.EGWWritings.org](http://www.EGWWritings.org).

## WHAT APL STILL DREAMS ABOUT

We would love to develop an online database of historical events,

a dynamic timeline that would allow you to access the written records through the dates when they were written. Rather than having to locate them by alphabetical order or by their author, or by searching for key words, you will find them in the story line. We have already begun dialoging with other major holders of historical resources to work on this because all of the writings need a common interface online.

We also feel the need for what could be called "tour guide" material. Not everything the pioneers wrote relate to the "landmarks" that we are called to preserve, in other words, the "foundations" that were laid at the beginning of the work. So we want to develop some resources that would help to direct you to the valuable writings on these fundamental concepts that need reaffirming at this critical time.

## WHAT YOU CAN DO

We would appreciate your prayers for this vital work. If you have wisdom or other resources that the Lord impresses you to share with us to facilitate the projects, please let us know.

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## COME SEE US!

### MAY 2-4

Atlantic Union ASI Spring Conference  
Newport, RI  
<http://asiatlanticunion.org> / 603.588.6939  
Ty Gibson

### MAY 10

Atlanta Romanian Adventist Church  
Lawrenceville, GA  
707.527.4246  
Ty Gibson

### MAY 21-24

Minneapolis Gospel Summit  
United Central Adventist Church  
Brooklyn Park, MN  
763.245.3193  
James Rafferty

### MAY 23-25

Edmonton Central Adventist Church  
Alberta, Canada  
[jonathangeraci@gmail.com](mailto:jonathangeraci@gmail.com)  
Jeffrey Rosario

### JUNE 6

3ABN Spring Camp Meeting: *The Second Coming*  
West Frankfort, IL  
<http://3abn.org>  
Ty Gibson & James Rafferty

### JUNE 7

Iowa-Missouri Conference Camp Meeting  
Centralia, MO  
515.223.1197 / [www.imsda.org](http://www.imsda.org)  
James Rafferty

  
LIGHT BEARERS

## ... HOW TO BE FREE FROM GUILT (continued from page 1)

expansive in its effect upon the human being. Within God's law there is space to "run." His law does not restrict our life-capacities, but rather increases them. Remember, under the influence of his shame David felt "heaviness," as if his soul was melting away. But now he says to God, "You shall enlarge my heart." Emotional capacities expand rather than restrict within

God's ways. Our range of relational mobility increases. We become more, not less. Life gets freer and better in obedience to God's principles. "Subjection to God is restoration to one's self—to the true glory and dignity of man" (Ellen White, *The Desire of Ages*, p. 466).

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## JULY 1-5, 2014

register by phone: 1.877.585.1111

or online: [lightbearers.org/2014-convocation](http://lightbearers.org/2014-convocation)